



Life Line Screening

Preventive Heart Health Screenings for Highway Patrol Retirement System Members



Police officers experience higher levels of both traditional and non-traditional cardiovascular risk factors due to occupational stress, shift work, and poor sleep.

- Centers for Disease Control and Prevention (CDC)

Law enforcement officers are at greater risk for heart disease, diabetes, and stroke. Some of these chronic diseases occur without prior symptoms, making them even more dangerous.

Preventive screenings are the first step in identifying risk before a life-or career-altering event occurs.

Life Line Screening Data of 2000+ police officers reveals the following:

56.9%	Abnormal hs-CRP results – a marker of inflammation and elevated cardiovascular risk
52.3%	At moderate to very high risk of diabetes
50%	With possible vitamin D deficiency
44.3%	Pre-hypertensive; 29.8% hypertensive – a major risk factor for stroke
32%	At moderate to very high risk for stroke
27.4%	Abnormal testosterone levels – linked to energy, mood and overall health
24.4%	At moderate to very high risk for coronary heart disease

How Life Line Screening Helps:

As a Highway Patrol Retirement System member, you are eligible for an exclusive rate of \$135 on Life Line Screening's law enforcement preventive health services, with an optional Cortisol screening add-on for just \$15 (a \$246 total value). Get screened for the following chronic conditions that often go undetected until it's too late:



Carotid Artery Disease



Abdominal Aortic Aneurysm



Cortisol Levels



Atrial Fibrillation



Peripheral Artery Disease

Appointments are quick, convenient and non-invasive. Members can choose from more than 15,000 community events nationwide and book a time that fits their schedule.

Learn More: www.lifelinescreening.com/partner/shprs or call **1-888-763-4163** to schedule. Use Priority Code: **BPAA001**